

PAIGEAN JONES, LCSW, LICSW, CCTP, PMH-C

paigeanjones@gmail.com | (813) 924-3715|

EDUCATION

Howard University

Dissertation: Nothing Without Intention: A Phenomenological Study on Black Women's Experience with Mindfulness During the Perinatal Period

Doctoral Candidate (ABD) in Social Work, 2019- Present

Georgia State University

Concentration: Community Partnerships

Master of Social Work, 2019

West Chester University

Bachelor of Art in Sociology, 2016

HONORS & AWARDS

Visiting Future Faculty (VITAL) Program

University at Buffalo, 2023

Interdisciplinary Minority Fellowship Program

American Psychological Association, 2020-2022

Class of 1938 Scholarship

West Chester University Alumni Foundation, 2016

PROFESSIONAL DEVELOPMENT

Perinatal Yoga Teacher Training, 35 Hours

Devi Ma Yoga, 2023

Brainspotting Phase One: Perinatal Populations

Touchstone Institute, 2023

Perinatal Mental Health Certification (PMH-C)

Postpartum Support International, 2023

Advanced Perinatal Mental Health Psychotherapy

Postpartum Support International, 2023

EFT Externship w/ Focus on Black Couples

ICEEFT, 2022

Perinatal Mental Health Disorders: Components of Care

Postpartum Support International, 2022

Certified Trauma Professional

PESI, 2020

Reiki Level I

Radical Reiki, 2020

Mindfulness-Based Stress Reduction

Jen Johnson, E-RYT 200, 2018

200-hr Yoga Teacher Certification

Active Sol Yoga, 2018

Trauma Informed Yoga

Yoga Warriors, 2018

PUBLICATIONS

Dickens, D., Whitfield, M. **Jones, P.**, Puckett, A. (In progress)
Perception of Black Women's Experiences with the Pay Gap and Salary Negotiation.

Williams, T.R., Davis, B., Simpson, I., **Jones, P.** (In press)
Controlling Images and Standards of Beauty Shapes Body Image: Using a Relational Cultural Approach to Improve Black Women's Mental Health. *Journal of Black Studies*

Sanders, S., Williams, T.R., Berry, A., Mitchell, J., Marin, R., **Jones, P.** (In press) Internalized Racism and Psychological Distress in a Multi-Ethnic Sample: Collective Self-Esteem as a Moderator. *Current Psychology*.

Williams, T. R., **Jones, P.**, & Muwele, C. (In press). Mindfulness-Based Stress Reduction as a treatment for traumatic stress for African American Women. T. M. Glover (Eds). *Black/African American Women and Trauma*.

Williams, T. R., Davis, B. L., Simpson, I., **Jones, P.**, & Muwele, C. (In press). Shifting but not fitting: A relational cultural approach to Black women's body image and mental health. *Ethnicity & Health*

Williams, T. R., Lynch, E., **Jones, P.**, Bass, J. & Harrison, R. (2022). Mindfulness-based stress reduction as a culturally appropriate for racial or ethnic minorities. In K. Fukao. (Eds.), *Counseling and Therapy – Recent Developments in Theories and Practices*. IntechOpen. <https://doi.org/10.5772/intechopen.103911>

RESEARCH CONTRIBUTIONS

Dickens, D., Whitfield, M. (2022) Pay Inequities among Black Women: The Role of Race and Gender in Salary Negotiation. Urban Institute

PRESENTATIONS

Cross, J., Simmons, S. **Jones, P.** (2023) Social determinants of health (SDOH) from a social work perspective: Prevention & intervention strategies

Jones, P. (2023) Exploring Maternal Health Disparities. National Association of Perinatal Social Work. (Invited Presentation).

Williams, T.R, **Jones, P.** (2022). Facilitating Healing among Black Women Experiencing Gendered Racism and Traumatic Stress: A Race-Informed Treatment Approach. (Presentation).

PROJECTS

February 2023-
Present

Brown Mamas, Lead Researcher

- Collect, process, and analyze quantitative and qualitative research (surveys, experiments, and focus groups) related to Black and Brown moms and their experiences with seeking resources and supports
- Planning and designing research studies, such as surveys, focus groups, and experimental data

Paigean Jones

Page 3

September 2022-
Present

Spelman College Gender, Race and Cultural Empowerment (GRACE) Lab, *Research Assistant*

- Collect, process, and analyze quantitative and qualitative research (surveys, experiments, and focus groups) related to Black women and their experiences with gendered racism, pay inequities, and salary negotiation
- Planning and designing research studies, such as surveys, focus groups, and experimental data
- Presenting research findings and project results to internal and external parties
- Performing statistical analyses, including selecting the appropriate analysis procedure, setting up data for analysis, judging validity and reliability of data, and producing publications/brief reports on the result analyses

June 2022-
Present

HEALTH-WORK Research Lab, *Researcher*

A Qualitative Inquiry at an HBCU: Black Students' Experiences of COVID-19 Pandemic Climate and Social Distancing

TEACHING

Howard University

COURSE NAME	CREDIT HOURS	LEVEL
Social Welfare Policy and The Black Perspective	3	Masters

Grand Canyon University

COURSE NAME	CREDIT HOURS	LEVEL
Diversity, Advocacy, and Social Justice in Social Work	4	Bachelors

Social Work Ethics and Decision Making	4	Bachelors
Social Welfare Policy and Services	4	Bachelors
Trauma Informed Care	4	Bachelors
Methods of Social Work Research	4	Bachelors
Human Behavior in the Social Environment II	4	Bachelors

EXPERIENCE

- June 2023- Present **Look Aligned, Practice Owner**
- Providing holistic, mindfulness-based psychotherapy services to individuals
 - Managing practice operations
- October 2022- Present **Common Cause Consulting, Research Associate**
- Provide quantitative and qualitative research for CCC projects through tenure
 - Provide meeting support for various strategic efforts, both virtual and in-person.
 - Provide written analysis of data on various projects.
 - Support the overall research strategy of the organization.
 - Assisting with the preparation of reports, consulting proposals, PowerPoint presentations and other documents
- August 2019- August 2023 **Prackind Group, Psychotherapist**
- Provide individual and family therapy and counseling services to teens, adults, and families
 - Conduct intake and bio psychosocial assessments with teens, adults, and families
 - Provide psychoeducation to clients and caregivers with regards to diagnosis
 - Create individualized treatment plans to address client therapeutic needs and improve psychological functioning
 - Plan and apply evidence-based interventions to meet client therapeutic needs and improve psychological functioning

- Provide crisis intervention services to assist in protection and safety of client and families
- Assess and evaluate client progress towards treatment plan goals

June 2019- **American Cancer Society, Research Assistant**

- August 2019
- Tobacco cessation, health disparities, and health equity research
 - Data cleaning, management, and analysis
 - Coordination of study activities, including contacting participants for follow up
 - Scientific Writing
 - Utilizing software: Qualtrics and Survey Monkey for data management and report production

June 2019- **Jefferson Education Exchange, Research Assistant**

- August 2019
- Analyzing usage of educational software across school districts
 - Assistance with creation of visual and written data reports
 - Utilizing software: Dedoose, Qualtrics, and Stata for qualitative coding, data management, report production, and qualitative analysis.

January 2018- **Southwest Atlanta Yoga, Yoga Instructor**

- August 2019
- Mindfulness Based Stress Reduction and Restorative Yoga
 - Donation Based, Community Yoga

September 2018- **Georgia Department of Juvenile Justice, Mental Health Research Intern**

- May 2019
- Evaluating program performance and outcomes at juvenile justice facilities across the state of Georgia
 - Researching and conducting literature reviews on topics such as substance dependency, mental illness, youth development, and decreasing the use of isolation within juvenile facilities
 - Creating infographics, PowerPoint presentations, and fact sheets to present to leadership committees during staff events, conferences, and weekly planning meetings
 - Managing resource databases and researching evidence-based approaches to therapeutic treatment of juveniles in facilities
 - Understanding the Structured Psychotherapy for Adolescents Responding to Chronic Stress (SPARCS) therapeutic model

- Understanding Positive Behavioral Interventions and Supports (PBIS) therapeutic models
- Running fidelity reports on the programmatic data in juvenile facilities across the state of Georgia
- Evaluation of NIH funded therapeutic yoga program in juvenile justice facilities

January 2018- **Prevent Child Abuse Georgia, Research Assistant**

- June 2019
- Developing resource database for 1-800-CHILDREN Helpline
 - Identifying new resources and verifying current resources
 - Assisting the Program Director with Helpline public awareness and outreach activities by assembling marketing materials and social media content management
 - Managing and updating WordPress site
 - Researching evidence-based approaches to promote prevention of child abuse
 - Assisting in the creating of state-wide training materials, including webinars, manuals, and brochures.
 - Compiling statewide data on child abuse prevention and statistic
 - Conducting literature reviews on Adverse Childhood Experiences (ACE's) data

August 2017- **International Rescue Committee, Refugee Resettlement Intern**

- May 2018
- Provide culturally competent, trauma focused case management services to multicultural client populations
 - Conduct intake assessments, complete biopsychosocial assessments, and connect individuals and families to culturally competent community resources
 - Provide general counseling and psychoeducation to individuals and families
 - Provide crisis intervention services to youth and individuals
 - Create client safety plans

January 2017- **WINGS for Kids, Grants Administrator**

- September 2017
- Creating, maintaining, and overseeing grant reporting schedules and systems
 - Inputting data for grant reporting purposes
 - Producing grant reports and documentation as required by grantors
 - Maintaining employee and member documents for compliance

purposes

- Managing and organizing documents related to grants and grant compliance
- Performing internal file audit for compliance purposes
- Researching data on socioemotional learning as it relates to WINGS' after-school programming
- Analyzing program outcomes for grant continuation purposes

MEMBERSHIPS

American Psychological Association

Black Administrators, Researchers, and Scholars (BARS)

Black Yoga Teachers Alliance

Howard University Medical Reserves Corps.

National Association of Perinatal Social Workers

National Association of Social Workers

Perinatal Mental Health Alliance for People of Color

Postpartum Support International

Yoga Alliance

Zeta Phi Beta Sorority, Inc.

SERVICE TO THE PROFESSION

2023- Present **Book Proposal Reviewer**, National Association of Social Workers

COMMUNITY SERVICE

- August 2023-
Present
- Georgia Perinatal Mental Health Taskforce**
- Provide programmatic and policy solutions for the perinatal mental health crisis in Georgia
- August 2023-
Present
- Girls on The Run (GOTR), Community Coach**
- Coaching girls in 3rd-5th grade in running, leadership, and empowerment skills
 - Serving as a role model for program participants
 - Reviewing, preparing, and supervising weekly lessons
- September
2019- August
2021
- Howard University Medical Reserves Corps., *Social Work Coordinator, Social Media Management***
- Increasing accessibility to mindfulness-based skills to marginalized communities in the Washington, D.C. Metro area
 - Managing social media platforms and increasing program outreach
- January 2018-
June 2019
- Healthy Mothers, Healthy Babies, *Maternal Health Map Coordinator***
- Collecting perinatal data for mothers in rural communities in southern Georgia
 - Analyzing data, including access to local resources, barriers to resources and services, healthcare trends and health outcomes, opioid use, etc. for children and families within these communities
 - Increasing access to programming through outreach
- January 2019-
May 2019
- Boys and Girls Club of America, *Research and Data Collection***
- Collecting Data on rural counties in the state of Georgia utilizing Kids Count Data
 - Analyzing data, including access to local resources, barriers to resources and services, healthcare trends and health outcomes, opioid use, etc. for children and families within these communities
- January 2019-
May 2019
- Court Appointed Special Advocates, *Research and Data Collection***
- Analyzing the effectiveness of the CASA program within the state of Georgia through qualitative data
- August 2015-
January 2016
- Adoptions from The Heart, *Data and Outreach Intern***
- Collecting and analyzing survey data of birth mothers participating in the adoption program
 - Fundraising for annual adoption gala
 - Managing website, social media pages, and blog content

- January 2015- **Mighty Writers, Socioemotional Learning Intern**
- May 2015
- Leading weekly community workshops on creative writing as a tool for mindfulness and self-care to underserved youth, ages 5 to 14, in the West Philadelphia community
- May 2014- **Zeta Phi Beta Sorority, Inc., Pennsylvania State-Wide Social Justice Coordinator, Theta Lambda Chapter Community Service Chair**
- May 2016
- Organizing and disseminating state-wide trainings and training materials on social justice and advocacy for marginalized communities
 - Coordinating community service events with nationwide partners, including March of Dimes, and in alignment with national programs.
 - Leading youth auxiliary organizations in community service events